

# ROAM & RANGE

## LUNCH MENU

LUNCH MENU AVAILABLE FROM 11:00AM-3:00PM

ADD A SMALL HOUSE SALAD OR CAESAR SALAD TO YOUR ENTRÉE FOR \$6

PASTAS & SALADS

### PASTAS

#### DIABLO PASTA / 18

Penne, sautéed crab meat, shrimp, garlic, tomatoes, serrano peppers, cilantro, creamy butter sauce.

#### PARMESAN PASTA / 16

Linguini, sautéed shrimp, caramelized onions, red bell peppers, creamy parmesan sauce.

#### MARDI GRAS / 16

Linguini, olive oil, garlic, shrimp, andouille sausage, Cajun seasoning.

#### SHRIMP SCAMPI / 16

Linguini pasta, sautéed shallot, shrimp, cherry tomato, capers, basil, rosemary, olive oil, pepper flakes.

#### ROASTED PEPPER PASTA / 16

Penne pasta, chicken, mushrooms, red bell peppers, onions, chipotle, shallots, creamy sauce.

#### CAJUN PASTA / 16

Penne, chicken, sausage, red bell peppers, shallots, Cajun seasoning, cream.

### SALADS

#### GREEK SALAD / 17

Mixed greens, red and green bell peppers, cucumbers, Kalamata olives, tomatoes, red onions, feta cheese, Greek dressing, grilled or blackened chicken.

#### SEAFOOD COBB SALAD / 18

Shrimp, crab meat, blue cheese crumble, tomatoes, avocado, bacon, boiled egg, raspberry dressing.

#### CHOPPED SALAD / 17

Romaine, avocado, egg, tomatoes, bacon, feta cheese, grilled or blackened chicken, dill vinaigrette.

#### SESAME CRUSTED

#### AHI TUNA SALAD / 18

Spring mix, strawberries, cucumbers, soy wasabi dressing.

#### HONEY CITRUS SALAD / 16

Spinach, strawberries, grapes, pecans, honey citrus dressing, grilled or blackened chicken.

#### BEET SALAD / 11

Arugula, walnuts, feta cheese, apple, balsamic reduction.  
Add Chicken \$8 / Shrimp \$9 / Salmon \$13

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ENTREES

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#### BLACKENED CATFISH / 16

Dirty rice. Add Etouffee / 5

#### PECAN TILAPIA / 20

Smoked pepper sauce, white rice.

#### GRILLED SALMON / 20

Lemon butter dill caper sauce,  
spaghetti vegetables.

#### HERB CRUSTED TROUT / 20

Pan seared garlic roasted  
almonds, lemon butter capers,  
spaghetti vegetables.

#### BLACKENED TILAPIA / 16

Garlic, tomato, lemon butter  
sauce, dirty rice.

#### BLACKENED CATFISH & SHRIMP / 17

Red beans, rice.

#### SHRIMP & GRITS / 16

Sauteed shrimp, okra, andouille  
sausage, Creole sauce, grits.

#### ROAM & RANGE SHRIMP / 16

Sauteed, garlic, red pepper flakes,  
white wine lemon butter, white rice.

#### ETOUFFEE / 16

Garlic, onion, bell peppers,  
seafood stock, choice of crawfish  
or shrimp or combo, white rice.

#### SHRIMP BROCHETTE / 19

Bacon wrapped shrimp, serrano  
peppers, panela cheese, dirty rice.

#### SESAME CRUSTED AHI TUNA / 19

Pan-seared tuna, wasabi soy  
sauce, sautéed veggies.

#### GRILLED SHRIMP & SAUSAGE LINK / 16

Red beans, rice.

#### CHICKEN FLORENTINE / 16

Sauteed chicken, garlic, spinach,  
tomatoes, cream, feta cheese,  
white rice.

#### PECAN CRUSTED CHICKEN / 16

Smoked pepper sauce,  
garlic mashed potatoes.

#### JAMBALAYA / 16

Sauteed chicken and sausage,  
bell peppers, caramelized  
onions, celery.

#### CHICKEN BREAST / 16

Blackened or grilled, smoked  
pepper sauce, dirty rice.

#### CHICKEN PICCATA / 16

Pan seared chicken breast, lemon  
butter caper sauce, linguini pasta.

#### CHICKEN MUSTARD / 16

Pan seared chicken breast,  
creamy Creole mustard,  
mushroom sauce, white rice.

#### R&R TWIN TENDERLOIN / 24

Two 3 oz Tenderloins with mushroom  
demi-glaze sauce, mash potatoes.

#### BURGER / 15

8 oz choice angus beef,  
cheese, French fries

### FRIED SEAFOOD

Served with French Fries

#### CATFISH & SHRIMP / 16

#### CATFISH / 16

#### SHRIMP / 16